

LASER NAIL INSTRUCTIONS

1. Keep area dry when showering until instructed otherwise. Use gloves provided.
2. If you are in severe pain soak foot in lukewarm water with 2 capfuls of Betadine solution for about 20 minutes each day for 3 days.
3. Put 2-3 drops of Betadine solution into each corner of the nail bed once a day.
4. Always keep area covered with gauze.
5. Secure the gauze dressing with the tape provided. Place one piece over the toe and the second around the toe.
6. Change the dressing once a day until instructed otherwise.
7. Follow all instructions until Dr. Thimesch instructs otherwise.
8. If at any time the area becomes inflamed or tender call the office or the doctor at home.

Emergency: (312) 282-7822
Office: (773) 267-0554

STEP-BY-STEP LASER NAIL CARE

